

The Daily Report

Date:

Awakened at: a.m.

If awakened in the night, indicate times:

In detail, describe observations pertaining to last night's sleep, including how long symptoms lasted:

- Shallow breathing _____
- Thirsty _____
- Hot _____
- Kicking _____
- Tossing/turning _____
- Crying _____
- Flushed cheeks _____
- Red ears _____
- Moaning _____
- Perspiring _____
- Dreaming/nightmares _____
- Difficulty going to sleep _____
- Seizures _____
- Other _____

Upon waking, describe your child's physical, mental, emotional, social, and behavioral conditions. All waking moments should be accounted for. Please include detailed descriptions of food consumed, including preparation. List all people and objects in close proximity, including smells (perfume, deodorant, laundry detergent, cleaning supplies). Watch for signs of reaction, including physical symptoms or inexplicable antisocial behavior (edging toward the door, running outside/away from a person or situation). Record reactions in detail, including duration (use clock to list times). Be as specific as possible.

Provide a copy of this form to all people who care for your child. Request that they fill out the form as accurately as possible (you may want to provide a sample). Urge them not to overlook anything and to become increasingly more aware that your child does what he does for a reason; *even inexplicable behavior would not be inexplicable if your child could speak and/or explain what he is sensing. His sensations drive his behavior.* Inform all the people who interact with your child (including your spouse, other children, caregivers, teachers, and therapists) that your goal is to remove all dietary and environmental substances that cause reactions. Explain that homeostasis (a stable body and mind) is the goal and that by completing The Daily Report, they are partnering with you in your child's recovery.

Morning observations:

Breakfast (content, preparation, and quantity):

Interacted with (list all toys, persons, and environments):

Afternoon observations:

Lunch and snacks (content, preparation, and quantity):

Interacted with (list all toys, persons, and environments):

Evening observations:

Dinner and snacks (content, preparation, and quantity):

Interacted with (list all toys, persons, and environments):

Bedtime:

Summary of this day:

Indications of homeostasis (be as specific as possible. Try to describe subtle things as well as obvious ones):

Indications of reaction (be as specific as possible. Try to describe subtle things as well as obvious ones):

Note: Both areas should not be filled out simultaneously. Your child is either maintaining homeostasis or experiencing a reaction. Therefore, indications of homeostasis and reaction do not exist simultaneously.

Magic Bullet

While it is possible to facilitate autism recovery using Comprehensive Organic Intervention, please know that this approach is not a magic bullet, a one-size-fits-all panacea, or a guarantee. Although every effort has been made to ensure that all information on this web site is as thorough, accurate, and well-researched as possible, neither these guidelines, nor any information offered in this web site, is offered as a guarantee that implementing Comprehensive Organic Intervention will cause or allow a child to experience any level of recovery from autism.

However, it is my firm belief that the most obvious and widely neglected aspect of autism is its potential biological foundations and the imbalances and deficiencies therein, and that correcting these imbalances and deficiencies can facilitate recovery. It is working for my son. I believe it will work for others. Although autism recovery is not an easy process, it is truly miraculous and worth the perseverance required to achieve it.